

THE EMOTIONAL CLAN



Anger, joy, fear... primary emotions influence personal relationships. In 2006, Jaak Panksepp, an Estonian neuroscientist, demonstrated that all mammals have cerebral systems that generate emotions necessary for survival, adaptation, and interactions with their fellow species. For humans, when emotions are out of kilter, this may cause the development of psychological pathologies such as depression or anxiety. Learning to manage one's emotions is crucial.

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6 emotional systems are hidden in this picture. Find them!

- The comforter is **panicked** at the idea of being alone. Nothing can console him, not even his dummy. Thankfully, Teddy Bear rushes to **take care** of him.
- Pol, Léo, Tom and Gaby love to **play**. Will helping each other and cooperating in good spirit lead them to victory?
- Gaspard always **fears** hurting himself. He prefers to play dead in a corner rather than going on a treetop adventure.
- Lea the adventurer is constantly **seeking** to explore and discover the world around her. She is well equipped to avoid being caught out.
- Bruno's **rage** gives him a hunger to win. Overcoming obstacles, defending his place and being victorious are his only motivation.
- Jacqueline is full of **lust**. So much so that her heart just might jump out of her chest.